



Pre-K's Learning Safari

REMINDERS

- New Sight Words:
 you, the
- *No School Nov. 2nd, Conferences from 1-7 p.m.
 - * Library books due every Tuesday
 - * Review letter sounds, sight words, and math pages
 - * Tzedakah is always welcomed



Ms. Heidi *General Studies*

Food Safety at NOJDS

Recently there has been a lot of discussion amongst physicians and food safety experts about the temperature of food in lunches packed at home. Recent research consistently demonstrates that perishable foods kept in packed lunches are typically kept at unsafe temperatures for too long. This is even true for lunches packed in insulated bags with ice packs. The new research suggests that lunches be placed in refrigerators at school to avoid perishable foods spending too much time in the high temperature danger zone.

Beginning Monday, our new system at NOJDS will be as follows:

1. Please pack snacks in a separate bag from your child's lunch.
2. Upon arrival at school, students will place their lunches in a basket by their classroom. Insulated bags will be unzipped slightly to allow for cold air to circulate around the food.
3. The lunches will be placed in the fridge and the students will get their lunches back right before lunchtime.

We would like to thank Dr. Carmen Villavasso for her help with the research.



Mrs. Adelman

Judaic Studies and Hebrew

It was a great week of fun learning in the Pre-K during Judaic Studies and Hebrew class. This week, the Pre-K students learned the letter *zayin* and made a *ze'ev* (wolf) for their *zayin* project. The Pre-K students are also beginning to learn about *Parashat HaShavua* (the Torah portion of the week), now that we have celebrated *Simchat Torah* and are starting from the beginning of the Torah again. This week they learned about the creation story (last week's *parasha*) and the story of Noah and the flood (this week's *parasha*). Next week the Pre-K students will learn the letter *chet*. I look forward to another great week of learning with the Pre-K bunch!

Shabbat Shalom,
 Mrs. Adelman



C is for Caterpillar